



Partners:

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To Whom It May Concern:

**Re: Fitness / Absence notes for Patients registered with Portland Medical Centre,
184 Portland Road SE25 4QB**

Please note that we are unable to issue the fitness/absence which they have informed us is required by your organisation. Neither are we able to provide notes or letters to cover school absence.

Please be aware that such a report falls outside of NHS GP contractual obligations.

I hope you can appreciate that it is essential that the writing of such reports does not detract from the already limited time we spend to provide medical care to those in need.

Please be aware that GPs are not obliged to provide Fit Notes for the first 7 calendar days of an absence due to illness. In such circumstances, patients will be advised to provide a self-certificate.

In cases where a patient is fit to return to work, please be aware that we can only advise a patient verbally that they have returned to a normal level of health. We are not qualified to provide workplace specific written clearance and you should access the advice of your Occupational Health provider.

Yours sincerely

PORTLAND MEDICAL CENTRE
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South Norwood
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SE25 4QB